



BOY SCOUTS OF AMERICA®
TIDEWATER COUNCIL

GUNS 'N' GRILLIN' 2.0 2023
PIPSICO SCOUT RESERVATION



GUNS 'N' GRILLIN' 2.0 (OUTDOOR ADVENTURE WEEKEND)

SEPTEMBER 22ND – 24TH, 2023

LEADERS GUIDE

(LAST UPDATED 8/5/23)

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VIRGINIA BEACH, VA 23455
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PIPSICO SCOUT RESERVATION
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GUNS 'N' GRILLIN' 2.0 (OUTDOOR ADVENTURE WEEKEND) 2023

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GUNS 'N' GRILLIN' INFORMATION

When September 22 - 24 (Friday – Sunday)

Be Prepared. There is no rain/snow date for the event. All units should prepare for foul weather.

What An AWESOME and unique weekend designed to provide programs normally only available to units at summer camp or at outside facilities, to units on a weekend camping experience. Units are encouraged to develop their own organizational structure using the patrol method and practice outdoor camping skills outside of the scheduled program times.

Where Pipsico Scout Reservation
57 Pipsico Road
Spring Grove, VA 23881

Contact

Wes Parker
VP of Camping Operations
757-635-2696
Email: wparker@pipsicobsa.com

Adam Harlan
Event Chairman
Email: shootingsports@pipsicobsa.com



Register Register/ Pay online by [CLICKING HERE](#). *If you have trouble registering, view these 3 min. videos: [PART 1](#) - [PART 2](#).* You CAN register online AND pay online using funds from your unit's Council Store account. Transactions and reservations are not complete until check-out is done with payment posted. Prior to arriving at the event, please finish the registration process by entering the names of all participants, both youth and adult, attending the event (this allows for fast check-in on Friday).

Cost **\$38** per Scout/ Shooter, **\$16** per adult/ Non-shooter (When paid in full by September 11th, 2023)
\$48 per Scout, **\$26** per adult (When paying Sept. 12th, 2023 & after)
Shotgun Tickets- **\$4** (5 shots)
High Caliber Rifle Tickets- **\$8** (10 shots)

**NO REGISTRATIONS WILL BE ACCEPTED AFTER SEPTEMBER 17TH, 2023
THERE WILL BE NO ON-SITE REGISTRATION.**

Reductions & Refunds If for any reason this event is canceled due to government regulations 100% of fees paid will be refunded. Other refund requests must be made on Council's Refund Application prior to the event and are subject to a 15% surcharge processing fee. Funds will be returned to the payee/unit via their store account or by check. Refunds will be granted only in the case of documented illness or family emergency. **NO refunds** can be given if notified **within 14 days of the event** as pre-paid expenses will already have been incurred. No refunds for partial attendance will be granted.

Registrants must pay for slots upon registration. Reductions in registrations can **ONLY** be made up to **14 days before the event**, unless the event sells out. Should the event sell out, the unit will be financially responsible for the full reservation. This is to limit over-booking on popular events. Requesting a reduction can **ONLY** be completed by submitting a Council Refund Application to the event contacts and is subject to a 15% processing fee.

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INTRODUCTION

The Guns 'n' Grillin' 2.0 (Outdoor Adventure Weekend) is designed to provide Scouts BSA Troops, Venture Crews, and Sea Scout Ships with an exciting weekend filled with the best outdoor programs the Boy Scouts of America has to offer. (Note: Cub Scouts are asked to register for one of the two (2) [Cub Scout Family Camps](#) in May and October, in order to participate in Cub Scout approved shooting activities.) This weekend will combine the most exciting shooting sports activities that are normally offered at a Guns 'n' Grillin' event (archery stations, BB's, slingshots, tomahawk throwing, .22cal rifle (bolt action & semi-auto)) with other activities such as large-scale pioneering projects, canoeing, and much more!

This weekend is designed to provide these unique programs, normally only available to units at summer camp or at outside facilities, to units on a weekend camping experience. Units are encouraged to develop their own organizational structure using the patrol method and practice outdoor camping skills outside of the scheduled program times.

Lunch of hamburgers and hotdogs will be provided on Saturday only. No specialty meals are provided for restricted diets, please plan accordingly. All other meals should be planned and prepared for by the individual units. Water will be available in all campsites.

Participants will be restricted from certain stations according to the guide to safe scouting. We strive to create unique, exciting, and safe shooting stations at every event. Shooting stations will include archery, tomahawk throwing, .and 22cal rifle (bolt action). Units/individuals who wish may purchase tickets to shoot shotguns, and High-caliber Rifles by adding them to the individual registration online through Black Pug. **NO** onsite tickets can be purchased for either the shotgun or High-caliber Rifle shooting ranges.

All activities are on Saturday only. Units are invited to arrive on Friday and depart on Sunday. Space is limited to 250 campers. **Shotgun tickets (Scouts BSA & Venturers) are \$4/5 shots and High-caliber Rifle tickets (Venturing Experience Age 14 and Up Only) are \$8/10 shots. Shotgun & High-caliber Rifle tickets are non-refundable.**

Participants are invited to camp from Friday through Sunday, or any portion in between. The program will be on Saturday. Units are welcome to arrive on Friday to escape the city and setup camp and relax (this makes Saturday easier). Likewise, after a day of craziness on Saturday you are welcome to take it easy Saturday night and make your way home on Sunday.

Lunch on Saturday is the only meal provided this weekend. Please make alternate arrangements for other meals. Regardless, be prepared to prepare and clean-up what you bring. Water is available in all sites, and dumpsters are located at the entrance to camp for any waste. Please check the program schedule when planning your meals to ensure you have enough time to prepare, eat, and tidy up.

Important: Individual personal use of outside firearms & ammunition is prohibited for safety reasons however, firearms and specialty ammunition for use by our Range Safety Officers and Range staff is needed for this event. Volunteers who are willing to share their firearms (along with supervision) are encouraged to email the Wes Parker (shootingsports@pipsicobsa.com) to offer support. These arrangements must be made in advance. We are specifically looking for additional .22cal revolvers, an additional high-caliber rifle, and perhaps other caliber firearms (no SBR's or select-fire arms) to sample. On a similar note, we would like to solicit any support from NRA Instructors and RSO's for this event. We welcome as much certified support as we can get. Let's keep it safe, but extremely fun!



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TENTATIVE SCHEDULE OF EVENTS

Friday

5:30-9:30 PM Check-in (for Friday night campers)

Saturday

6:30 - 8:15 AM Breakfast in Campsites

7:45 - 8:15 AM Optional Check-in (for Saturday Arrivals)

8:45 AM Opening & Rotation Assignments (Base Camp Flag Poles)

9:00 - 9:50 AM Rotation #1

10:00 - 10:50 AM Rotation #2

11:00 - 11:50 AM Rotation #3

12:15 PM-1:15 PM Grillin' Time! (Front Porch of Dining Hall)

2:00 - 2:50 PM Rotation #4

3:00 - 3:50 PM Rotation #5

4:00 - 4:50 PM Rotation #6

5:15 PM Flag Lowering (Base Camp Flag Poles)

5:30 - 7:15 PM Dinner in Campsites

5:30 - 7:15 PM Evening Activities (On Units Own Unless Otherwise Told at Flag Lowering)

11:00 PM Lights Out

Sunday

7:00 - 8:00 AM Breakfast in the Campsites

8:00 - 10:30 AM All Units Leave Camp SAFE DRIVE HOME!



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GENERAL EVENT INFORMATION:

CHECK-IN

Check-in will be conducted from **5:30 PM till 9:30 PM** on Friday evening or between 7:45 & 8:15 AM Saturday. Check-in will be at the Burton Center, the administration building of Base Camp (Camp Lions). You should plan to arrive Friday evening to take maximum advantage of the full program. Do not arrive early, there will be no one to check you in, you may **NOT** enter the campsites prior to check-in.

For the safety of Scouts walking through camp, only vehicles pulling unit trailers are allowed beyond the yellow gates inside Base Camp. The trailer must be unhooked and parked in the designated area adjacent to your campsite. No unit trailers are to be parked past the wooden post located inside the campsites. Tow vehicles are to be **immediately** moved to the front parking lot. All other vehicles are to stay in the parking lots and any addition gear or Scouts will have to hike in or can utilize one of the FEW available carts, located at the Burton Center. Your cooperation is greatly appreciated.

CHECK OUT

Contingents may check-out after the conclusion of program on Saturday evening or stay until Sunday morning. **For camper safety, during program sessions absolutely no vehicles will be allowed into camp for packing up campsites.** Please come to the Burton Center (camp office) to check out and have your camping area checked for cleanliness. Please ensure that your camping area is left better than what you found it (Leave No Trace) and that your latrines have been swept clean and toilet lids are down. If your group plans to leave on Sunday, you **MUST** be checked out by 10:30 AM. There will not be patches for this event.

MEALS

Lunch on Saturday is the only meal provided this weekend. Food will be provided on the front porch of the Dining Hall (hot dogs & hamburgers with sides, desert, and condiments). Those with special dietary needs should bring their own food. Please make alternate arrangements/ plan to prepare their own food in their campsite for other meals. Please be prepared to prepare and clean-up what you bring. Please check the program schedule when planning your meals to ensure you have enough time to prepare, eat, and tidy up before program sessions begin.

VISITORS & GUESTS

Visitors are welcomed and encouraged to view the daytime activities; however, they must leave the campsite area at the completion of the evening activities and may not participate in shooting activities without registering with the unit. The individual Unit Leaders in Charge at the event are responsible for the behavior of all guests visiting his/ her unit or its members. The Unit Leader in Charge is also responsible for ensuring that his unit's visitors and guests are aware of the camp's health and safety rules and procedures, and that they are followed. Visitors and guests are not permitted to spend the night.

ADULT LEADERS

All units must ensure that they always meet the BSA two-deep leadership requirement in camp. BSA policy always requires at least two adult leaders be at camp; one must be 21 years or older. See Guide to Safe Scouting for clarification. Troops should be organized under the patrol method, led by their Senior Patrol Leader, and for Crews under the President. **All campers must be registered members of the BSA.**

STAFF

Weekend events are staffed by volunteers. The Boy Scouts of America is a volunteer run program. Every unit that participates in the event is expected to provide some form of contribution to the success of that event. Staff positions are available for direct program support as well as logistical support. Please inform the event chairman of the names and contact information for those volunteers in your unit who may help contribute to the event's success.

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GENERAL RULES

- All camping will utilize Leave No Trace techniques.
- No open fires are permitted except in designated campfire rings.
- Scouts are not to roam through the campsites.
- Unit leaders are responsible for their units at all times.
- All vehicles are to be parked in the designated parking areas.
- Members will remain in their unit area between taps and reveille unless on authorized errands.
- No one will enter the camping area of another unit without permission.
- Campers are expected to conduct themselves in a manner that will bring credit to their unit and the BSA.

CAMPsites/CAMPING

Campers need to provide their own tents and beddings. All Pipsico tents and cots are in storage for the winter. Sites will be assigned based on registration date, unit size, and if the unit has a trailer. Units are encouraged to set up their campsite with their unit identification number, an American flag, unit flag and patrol flags.

TRADING POST

The Pipsico Trading Post will be OPEN throughout the weekend for your convenience. In addition to program materials, our Trading Post offers a variety of snacks and drinks, and a wide selection of camping supplies, Scouting materials, and special Pipsico Scout Reservation souvenirs. Remember that the proceeds from the Trading Post support your Scouting programs! Feel free to bring some extra spending money for your retail therapy. MasterCard and Visa are accepted for transactions over \$10.

WATER AND BATH FACILITIES

Drinking water is available within every campsite and most program areas. Hot showers (Both male and female) are available at the pool shower facilities and at the Westside Showerhouse by Site 9. Units are encouraged to bring 2 to 5 gallon containers for transporting water. Participants must also ensure they have portable water supplies for use while transition between the program areas throughout the day on Saturday.

Primary bathroom facilities are latrines inside of each campsite and "enclosed" toilet facilities are available (both male and female) at the pool, at the Westside Showerhouse, the front of the Reservation in the Gregson Center, and at the Burton Center in Base Camp (Camp Lions).

PARKING

Absolutely no vehicles are permitted on the grass fields or inside campsites. Gear is to be unloaded at campsite entrances and all vehicles shall be returned to the parking lot immediately upon completion of unloading. **Please make every effort to unload completely prior to setting up.** Trailer parking is available at certain campsites. All parking for Base Camp will be either at the Burton Center parking lot, at the overflow lot next to the lake, or at the barn if required. If overflow parking at the barn is used, a shuttle service will be instituted. Arrangements can be available for Special Needs Visitors, Scouts and Scouters as requested.

UNIFORM

Units are encouraged to wear the official "Field Uniform" (sometimes referred to as a "Class A" uniform) during Check-in and Check-out. At all other times participants may wear an activity uniform ("Class B"), consisting of a unit or camp T-shirt with Scout pants or shorts. Leaders must monitor their units to ensure that clothing reflects good taste and Scouting standards.

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MEDICAL MATTERS-

FOR SPECIFIC COVID-19 HEALTH POLICES SEE APPENDIX C

MEDICALS

According to BSA policy, all Scouts and leaders should complete an Annual Health and Medical Record form (parts A&B only) for all scouting activities. This is just the health history form (excluding the physician's portion). **IT IS THE RESPONSIBILITY OF THE UNIT** to obtain and maintain copies of these forms for members of their unit for all activities they conduct. Medical forms will NOT be turned in at check-in. The official BSA form is located here: http://www.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf.

MEDICAL TREATMENT

All units should bring a unit first aid kit and treat injuries within their capabilities. Units must report all injuries and other medical situations to the camp staff at the Health Lodge, even those they treat themselves. Qualified medical personnel will be on duty at the Health Lodge. If necessary, the camp staff will contact emergency medical services and ambulance services using 911. Unit leaders are expected to control all medications within their units.

PRESCRIPTION MEDICATIONS

All prescription drugs are kept and administered by the unit. It is to be kept in a secured location out of the reach of the children. If medication requires refrigeration, it can be checked in with the Health Officer at check-in. Provide a list of medication, dosage (Medical part B) and to whom you are administering medication to when you check in with the Health Officer. By law, medications must be in a container with a typed label from the pharmacy. Medications shall be given only in accordance with the label. Handwritten changes will not be accepted.

EMERGENCY PROCEDURES

Pipsico Scout Reservation maintains emergency procedures to meet, and in some cases, exceed the standards set by the Boy Scouts of America. It is essential for everyone's safety that every member of your unit fully understands that these procedures exist - their life, your life, or someone else's life could depend on it. Please be sure to follow only instructions delivered by the staff chain of command. Likewise, if an emergency arises, or is brought to your attention, please notify the nearest staff member immediately so that we may launch the appropriate procedures. Do not attempt to resolve an emergency situation alone. Notify the nearest staff member. **In the event that an emergency arises, an alarm will sound** from the program administration building (Burton Center). When this alarm is heard, **all units and participants are required to assemble at Awesome Field** in front of the flag poles and await further instruction.

YOUTH PROTECTION POLICIES

Leaders are asked to review the Guide to Safe Scouting before attending camp and ensure compliance by their unit with policies as detailed in the Guide, particularly in respect of youth protection policies. Failure to comply with Guide to Safe Scouting and youth protection policies will result in disciplinary action. Key portions of the youth protection policies found in the Guide to Safe Scouting are reproduced below. Other Guide to Safe Scouting policies are also contained elsewhere in this guide.

Adult leaders must respect the privacy of youth members and protect their own privacy at all times. Except in emergencies, adults and youth may not enter each other's designated sleeping and shower areas. **Two registered adult leaders** 21 years of age or over are required to attend this event. At least one (1) female adult over the age of 21 is required whenever female youth are present. No ScoutBSA youth may share a tent with an adult, regardless of whether or not they are his/ her own parent or guardian. Separate tenting arrangements must be provided for male and female youth. Youth sharing tents must be no more than two years apart in age.

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GENERAL POLICIES-

ALCOHOLIC BEVERAGES & DRUGS

Alcohol and illegal drugs are prohibited. All prescription drugs are kept and administered by an adult within the unit. (See the Prescription Medications section above.)

CELL PHONE POLICY

We would request that Scouts not take cell phones to program sessions or, at the very least, to turn them off during sessions. Use of cell phones during program sessions is inconsiderate to other participants and, in some cases can be extremely dangerous (Scouts participating in shooting sport activities should not be distracted by a ringing phone). Cell phone use inside the pool shower facilities is prohibited.

ELECTRONIC DEVICES

Radios, cell phones, CD players, video games, and other personal electronic devices detract from the camping experience and provide an inviting target for theft. We recommend that you do not bring them into camp. If you permit them during travel to and from camp, please leave them in the car during your stay at camp. Youth campers are not permitted to have two-way radios or pagers in camp, as these have proven to be highly disruptive of the camp routine.

FIRES, STOVES, TENTS & OPEN FLAMES

Fires will be authorized depending on the status of State and County fire prohibitions in effect for the weekend of the event. All ground fires are permitted **ONLY** in the designated fire rings at each camp site. The staff will update units on the current fire policy at check-in. Units must post water buckets or a fire extinguisher in the fire area. Cutting of live trees, shrubs, or vegetation is prohibited. Wood is available in the Axe Yard at no-cost. Wood not used should be returned. **We prohibit bringing wood from off property.**

For safety reasons, there are to be **no open flames in tents**. This ban on open flames in tents includes a ban on the use of matches, candles, kerosene, propane or liquid lanterns in tents. Lighting in tents is to be provided by battery-powered lanterns or flashlights only. It is, however, acceptable to use a lantern under a dining fly. All cooking fires, campfires and stoves are to be attended while they are burning. Fires are only to be built in designated areas and must be extinguished so that they are cold to the touch when unattended.

INITIATIONS, HAZING & MILITARY TRAINING

Corporal punishment, hazing, initiation of any sort, and military training and drill are not permitted in the BSA.

LIQUID FUELS

Adult leaders only may use stoves and lanterns requiring liquid fuel. Extra fuel must be turned over to the Quartermaster for safekeeping in locked storage.

MONEY & VALUABLES

Each family must decide how much spending money a Scout should bring to camp. Each Scout is, however, responsible for the safeguarding of their money and personal property. It is recommended that expensive cameras, watches, and personal entertainment devices be left at home. Regardless, all items should be clearly marked, with the scout's name and unit number.

PETS & SERVICE ANIMALS

No pets are allowed in camp. Please ensure that anyone planning to visit you or your unit during the weekend is also aware of this rule. Service animal use **MUST** be coordinated with staff prior to arrival.

RESTRICTED AREAS

The following areas are off limits to all campers: The ranger's home and maintenance areas, camp staff living areas, the kitchen and food storage areas, (except for authorized adult volunteers) any program area where staff

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is not present, and the cliffs along the James River. Scouts may visit the waterfront for beach combing or fishing only when staff is present or when accompanied by an adult leader.

SMOKING & VAPING

Anyone under 21 years old is prohibited from using tobacco in any form while at camp. Adults who smoke must do so out of sight of any youth members. Smoking is prohibited in any tent or building. Cigarette butts must be field stripped and placed in a trash receptacle. This includes E-cigarettes and Vaping products.

TAPS/LIGHTS OUT

A Scout is courteous. All scouts should be in their designated campsites at 10:30 p.m. to wind-down the day's activities. Taps is at 11 p.m. Unit leaders must ensure that fires and lanterns are out and that all their youth have retreated to their tents and are quiet.

TELEPHONES

If adult leaders need to receive regular calls at camp, bring a cell phone, or make arrangements to check with their office on a regular schedule. During an emergency, you can contact the Camp Director (contact information above.)

TRAILERS

If your unit plans on bringing a trailer, please provide this information on the registration form. Specific campsites have been designated for unit use when a unit has a trailer. The requesting unit is permitted to have one trailer in the designated area at the perimeter of their campsite until checkout. **Trailers are NOT to be parked past the wooden posts located around the perimeter of each campsite.**

TRASH DISPOSAL

Participants should practice Leave No Trace principles to the maximum extent practicable. If you packed it in - you pack it out! All units are expected to police their camping area and remove all trash to the dumpsters located behind the dining hall or at the front of camp near the barn. Trash that will not fit in the dumpsters becomes the responsibility of the unit to remove from the campground. Do not pile trash next to the dumpsters. If the dumpsters are full at time of checkout then units **MUST** pack out their trash and dispose of it properly.

VEHICLES IN CAMP

Since safety is our number one priority, vehicles are not permitted past the Burton Center parking lot unless authorized by the event staff for unit gear drop off. Any vehicle that is authorized to drive beyond the Burton Center must remain on the main road. Absolutely no vehicles are permitted on grass or in campsites. Likewise, no vehicles authorized in camp may block the loading dock at the rear of the Dining Hall. Vehicle owners, and operators, who drive beyond the Burton Center parking lot do so at their own risk. Tidewater Council will not accept responsibility for any vehicle damage within camp.

No other motorized vehicles (golf carts, etc.) will be allowed in camp at any time except for use by designated camp staff. If the need arises for a vehicle to be in camp, approval **MUST** first be obtained from the Event Chair and/ or the Camp Ranger (Evan Sommerfeld). Special arrangements will be available for special needs visitors, Scouts and Scouters as requested.

WEAPONS, KNIVES, FULL AXES, FIREWORKS, & FIREARMS

Pipsico provides all necessary and appropriate equipment for our shooting programs. Personal firearms, ammunition, bows and arrows are not permitted in camp. Also, no water guns are permitted at camp.

Pocketknives may be carried by adult leaders and any Scout who has earned the Totin' Chip or Whittling Chip. Fireworks & firearms of any kind are prohibited in camp. Law Enforcement Officers (LEO's) please notify the council prior to camp of any special requirements by your department.

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APPENDIX A: EVALUATION FORM

Please rate the following on a scale of 1-5 (5 being the best)

Location (site & facilities):	1	2	3	4	5
-------------------------------	---	---	---	---	---

Leaders Guide (overall):	1	2	3	4	5
--------------------------	---	---	---	---	---

Did it help prepare you for this weekend?	1	2	3	4	5
---	---	---	---	---	---

Was it available in time?	1	2	3	4	5
---------------------------	---	---	---	---	---

(1: Way too Late, 5: Right when I needed it.)

Was any information missing? Please elaborate: _____

Staff (overall):	1	2	3	4	5
------------------	---	---	---	---	---

Ease of registration:	1	2	3	4	5
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Was the staff responsive?	1	2	3	4	5
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Demonstrations/ Activities (overall):	1	2	3	4	5
---------------------------------------	---	---	---	---	---

I liked:

I did not like:

I would like in the future: (Suggestion to better this event)

Would you like to help plan the next Outdoor Adventure Weekend?

____ Yes, count me in. ____ Don't know, call me when it's time. ____ I might be able to help out in a limited capacity.

Name: _____ Phone: _____

E-mail: _____ Unit: _____

Suggestions: (What did we do wrong? What did we get right? How can we improve for next year?) (Continue on reverse, if required.)

APPENDIX B: HOW TO GET TO CAMP

For those who want more modern adventure, local amusement parks include Busch Gardens and Water Country USA. A short drive from camp brings visitors to the naval base in Norfolk, the Atlantic Ocean beaches and boardwalk at Virginia Beach, and much more.

A large white and black tugboat is shown from a side profile, moving across a body of water. The tugboat has a white upper hull and a black lower hull. The word "TUG" is visible on the side. It has a complex superstructure with multiple decks and windows. The tugboat is leaving a white wake behind it. In the background, there is a dense line of green trees along the shore.



APPENDIX C: PIPSICO'S COVID-19 POLICIES AND HELP SHEET

ALL Families MUST Read the Following Pages!!

FACE COVERINGS AND PHYSICAL CONTACT:

Recommended for when indoors. It is recommended that campers and staff bring a supply of face mask to wear when social distancing of six feet is not conducive to the activity (For example, gaga pit) and while inside camp buildings (for example while not seated in the dining hall). Check-in/out and program activities will be modified in such a way to minimize the need for physical contact.

HANDWASHING:

All campers and staff will be expected to wash their hands before and after program areas. Program areas and facilities that do not have water sources will be furnished with adequate supplies of hand sanitizer. Signage will be posted throughout camp to provide public health reminders regarding hygiene. Handwashing stations are in all campsites, and it's important for handwashing to be a practice within family units.

CAMP STORE:

Face coverings are recommended to be worn by guests inside regardless of vaccination status. Physical distancing is encouraged to be maintained by customers inside and capacity will be reduced and monitored. Exterior lighting will change colors to notify campers if the store is open, closed, or at capacity.

PHYSICAL DISTANCING SUGGESTIONS:

1. Six feet of space should always be observed when interacting with other guests outside of your family unit OR staff.
2. A mask is recommended whenever interacting with staff or guests outside of your family unit.
3. Do not enter any buildings unless specifically allowed for the event/ program.
4. If interacting closely with individuals outside your immediate family/ unit, it is recommended to limit these interactions to outdoor areas of the property.

SUGGESTIONS FOR SOCIALLY DISTANCED ACTIVITIES (WHEN NOT IN AN ORGANIZED PROGRAM):

- Bring your own fishing poles and fish from the shore at the James River or off our fishing pier into our fully stocked lake
- Bring your own fun outdoor family games such as Corn Hole, Can Jam, Spike Ball and Wall Ball
- Explore the wondrous woods around us on our 916-acre property
- Stargazing
- Bring s'mores supplies for your campfire



A HEALTHY CAMP BEGINS AND ENDS AT HOME!

A healthy camp really does start at home. Here are some things you can do to help your child have a great camp experience.

1. If your child is showing signs of illness such as running a temperature, throwing up, has diarrhea, nasal drainage and/or coughing/sneezing, keep the child home and contact the camp director. This greatly reduces the spread of illness at camp but also supports your child's recovery.
2. Teach your child to sneeze/cough in his/her sleeve and to wash his/her hands often, especially before eating and after toileting. If you really want to achieve impact, teach your child to accompany hand washing with another behavior.
3. Send a reusable water bottle. Instruct your child to use it and refill it frequently during their camp stay. Staying hydrated is important to a healthy camp experience, something your child can assess by noting the color of their urine ("pee"); go for light yellow.



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PLEASE USE THE BELOW MEDICAL SCREENING CHECKLIST PRIOR TO CAMP:

(These questions will also be asked/ completed upon arrival at the event/ activity)

- ☐ Yes ☐ No Have you or has anyone in your household been in [close contact*](#) in the past 14 days with anyone known or suspected to have COVID-19 or is otherwise sick? ¹
- ☐ Yes ☐ No Have you or has anyone in your household been in [close contact*](#) with anyone who has been tested for COVID-19 and is waiting for results? ¹
- ☐ Yes ☐ No Have you or has anyone in your household been sick in the past 14 days, or have you or they been tested for any illness and are waiting for results? ¹
- ☐ Yes ☐ No Has anyone in your household been exposed to an individual known or suspected to have COVID-19 in the past 14 days or within the past 10 days **without** a negative COVID-19 test result **at least 5 days after exposure?** ¹
- ☐ Yes ☐ No Have you or has anyone you have been in [close contact*](#) with traveled on a cruise ship or internationally or to an area with a known communicable disease outbreak in the past 14 days?

¹ - Healthcare workers/ first responders who wear approved and properly fitted Personal Protective Equipment (PPE) while treating patients should follow their employer's guidelines when answering these questions.

***According to the Centers for Disease Control and Prevention (CDC), "close contact" means:**

- You were within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period
- You had direct physical contact with an infected person (hugged or kissed them)
- You shared eating or drinking utensils
- An infected person sneezed, coughed, or otherwise got respiratory droplets on you

If the answer is YES to any one of the five questions above, and you have not either been diagnosed and recovered within 90 days or fully vaccinated for at least two weeks, the participant must stay home. If all answers above are NO, proceed to the symptoms list below.

Symptoms of COVID-19

*If anyone in your household has **any one** of the following new or worsening sign/s or symptoms of possible COVID-19, **the entire household must stay home.***

- ☐ Shortness of breath
- ☐ Cough
- ☐ Fever of 100.0° or greater
- ☐ Flu-like symptoms
- ☐ Repeated shaking with chills
- ☐ Fatigue
- ☐ Muscle or body aches
- ☐ Headache
- ☐ Sore throat
- ☐ Loss of taste or smell
- ☐ Diarrhea
- ☐ Nausea or vomiting

****Potential Higher-Risk Individuals****

- ☐ Yes ☐ No Are you in a higher-risk category as defined by the [CDC guidelines](#), including older adults, people with medical conditions, and those with other individual circumstances?

If the answer is "yes," we recommend that you stay home.